

Give the Gift of

a Healthy Lifestyle

Have FUN & Join the Fight Against Obesity



It's good for your community,
it's good for our kids,
It's good for your business
it'll make you feel good too!

FREE

Display Posters
Window Banners
Store Banners
Energy Calculator Hand out

Give customers another positive reason
to buy from You



In Store and Window FREE MASSIVE POSTERS

Large 600 x 1000



Give the Gift of a Healthy Lifestyle
Have FUN & Join the Fight Against Obesity

Home Crown Brands AUSTRALIA

999100370140 Skate Kid

Standardised Nutrients Required per 100g

Energy	1000 kJ
Total Fat	10g
Sodium	100mg
Protein	10g
Carbohydrate	10g
Fibre	10g
Sugar	10g
Alcohol	10g

Home Crown Brands AUSTRALIA

999100370140 Skate Kid

Give the Gift of a Healthy Lifestyle

Sports & Outdoor products encourage exercise, so we are in a unique position to lead the fight against obesity.

Order your **FREE** Posters & Banners today

Complete the order form and fax to 02 9997 4385 or call your account manager 02 9997 22



Home Crown Brands AUSTRALIA

1/1 Jubilee Ave, Warriewood, NSW 2102 Australia
www.hgbaus.com info@hgbaus.com



Give a gift of a Healthy Lifestyle
Surf Girl: The Gift of a Healthy Lifestyle

999100370141 Surf Girl

999100370141 Surf Girl



Give the Gift of a Healthy Lifestyle
Nipper: The Gift of a Healthy Lifestyle

999100370146 Nipper Run

999100370146 Nipper Run



Give the Gift of a Healthy Lifestyle
Fishing Sup: The Gift of a Healthy Lifestyle

999100370151 Fishing Sup

999100370151 Fishing Sup



Give the Gift of a Healthy Lifestyle
Beach: The Gift of a Healthy Lifestyle

999100370142 Beach

999100370142 Beach



Give the Gift of a Healthy Lifestyle
Skate Scooter: The Gift of a Healthy Lifestyle

999100370147 Skate Scooter

999100370147 Skate Scooter



Give the Gift of a Healthy Lifestyle
Sup Ball: The Gift of a Healthy Lifestyle

999100370152 Sup Ball

999100370152 Sup Ball



Give the Gift of a Healthy Lifestyle
Wetsuits: The Gift of a Healthy Lifestyle

999100370143 Wetsuits

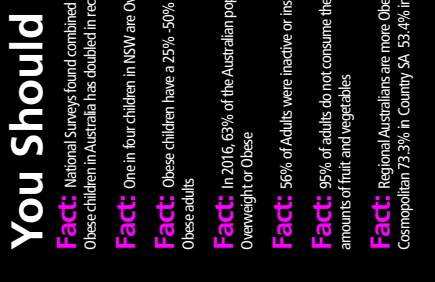
999100370143 Wetsuits



Give the Gift of a Healthy Lifestyle
Fish & Camping: The Gift of a Healthy Lifestyle

999100370148 Fish & Camping

999100370148 Fish & Camping



Give the Gift of a Healthy Lifestyle
Kids Snorkel: The Gift of a Healthy Lifestyle

999100370149 Kids Snorkel

999100370149 Kids Snorkel



Give the Gift of a Healthy Lifestyle
Surf Mat: The Gift of a Healthy Lifestyle

999100370144 Surf Mat

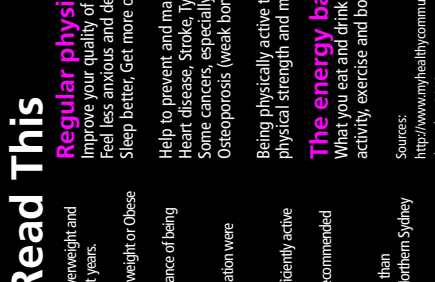
999100370144 Surf Mat



Give the Gift of a Healthy Lifestyle
Snorkel: The Gift of a Healthy Lifestyle

999100370150 2P Thermo

999100370150 2P Thermo



Give the Gift of a Healthy Lifestyle
2P Thermo: The Gift of a Healthy Lifestyle

999100370150 2P Thermo

999100370150 2P Thermo



Give the Gift of a Healthy Lifestyle
Snorkel Group: The Gift of a Healthy Lifestyle

999100370145 Snorkel Group

999100370145 Snorkel Group



Give the Gift of a Healthy Lifestyle
Thermo: The Gift of a Healthy Lifestyle

999100370150 2P Thermo

999100370150 2P Thermo

You Should Read This

Fact: National Surveys found combined Overweight and Obese children in Australia has doubled in recent years.

Fact: One in four children in NSW are Overweight or Obese

Fact: Obese children have a 25% - 50% chance of being Obese adults

Fact: In 2016, 63% of the Australian population were Overweight or Obese

Fact: 56% of Adults were inactive or insufficiently active

Fact: 95% of adults do not consume the recommended amounts of fruit and vegetables

Fact: Regional Australians are more Obese than Cosmopolitan 73.3% in Country SA 53.4% in Northern Sydney

Regular physical activity can
Improve your quality of life and can help you:
Feel less anxious and depressed,
Sleep better, Get more out of life!

Help to prevent and manage health conditions such as:
Heart disease, Stroke, Type 2 diabetes
Some cancers, especially of the bowel and breast
Osteoporosis (weak bones).

Being physically active throughout life helps you maintain your physical strength and mobility and your quality of life as you age.

The energy balance equation
What you eat and drink is energy in. What you burn through daily activity, exercise and body processes is energy out.

Sources:
<http://www.mynhl.com/communities/gov/our-reports/overweight-and-obesity-rates/>
december 2016
www.aihw.gov.au/cvd-diabetes-eld/risk-factors/

FREE Store Banners 300 x1000



999100370120 Skate Girl



999100370121 SLS Girl



999100370122 Surfmat



999100370123 Surf Girl



999100370124 Cricket



999100370127 Snorkel



999100370125 Scooter



999100370126 Fish SUP

FREE Window Banners 1000 x 300



999100370100 Beach



999100370101 Skate Group



999100370102 Snorkel



999100370103 Adrenalin



999100370104 Nippers



999100370105 Surf Mat



999100370107 Skate Bowl



999100370108 SUP